



# INTERNATIONAL CONFERENCE

## MENTAL DIMENSION AND COACHING FOR SPORT PERFORMANCE



### PROGRAM

- **The management of uncertainty**
- **Sport psychology in the Paralympic environment**
- **The evolution of sport performance tools**
- **The trainer's approach**

25-26

NOVEMBER 2021

**INSEP**

11, avenue du Tremblay - 75012 Paris

Registration required

[www.insep.fr](http://www.insep.fr)



# PROVISIONAL PROGRAM

## SESSION 2: SPORT PSYCHOLOGY IN THE PARALYMPIC ENVIRONMENT

(25 NOVEMBER 2021 FROM 2:30 PM TO 6:00 PM)



### Eefje Raedts PhD

*Clinical psychologist for the Dutch Olympic and Paralympic teams*

**Sharing experience: a clinical psychologist during the Paralympic Games**



### Yasuhisa Tachiya PhD

*Mental training consultant at the Japan Institute of Sports Sciences*

**The psychological support for Paralympic sport at the Japan High Performance Sport Center and the functions of the sport Psychology Group including Olympics**



### Sara Mitchell PhD

*Sport psychologist at the U.S. Olympic Committee*

**My experience as a sport psychologist at the 2020 Olympic and Paralympic Games**



### Lise Anhoury Szigeti

*Clinical psychologist at the French Institute of Sport (INSEP)*



### Sylvie Talmant

*National coach at the French Handisport Federation*

**ROUND TABLE:  
The future of sport psychology at the Olympic and Paralympic Games**



### Oury Stantzman

*National coach at the French Taekwondo Federation*



### Mathilde Pognard PhD

*Post-doctoral researcher at the French Institute of Sport (INSEP)*

**Recovery behaviors changes in swimmers**



### Chloé Leprince PhD

*Psychologist, researcher for the French Football Federation*

**Study of the interpersonal dimension of stress management in team sports**



### Valentin Roux

*PhD student in sport psychology at the Grenoble Alpes University*

**The coach-athlete(s) relationship in a sport context: temporal dynamics, psycho-social determinants, and consequences on athletes' physical and mental health**

LIGHTNING TALKS

