

SEEKING FOR PERFORMANCE

OLYMPIC CAMPUS: BOOSTING SPORT PERFORMANCE THROUGH THE ART OF APPLIED SCIENCE



SPEAKERS OF THE CONFERENCE

Adam Storey (Lead Strength and Conditioning Specialist, Emirates Team New Zealand and Canoe Racing New Zealand) Shirai Katsuyoshi (Manager Intelligence group, Operational Excellence Unit, Japan High Performance Sport Center, Japan) **Nikolai Böhlke** (RCoordinator Performance Services, Olympic Training Centre Berlin, Germany) Else-Marthe Sørlie Lybekk (Head of performance and R&D at Olympiatoppen, the Norwegian elite sport centre, Norway) Paul Wylleman (Performance Manager Performance behavior, TeamNL Experts, Netherlands)



WEBINAR from 10 a.m. (French time: UTC+1)

LIVE ON THE YOUTUBE CHANNEL **INSEP TV**

> www.insep.fr У f 🖸 🕩 in

WEBINAR SEEKING FOR PERFORMANCE

OLYMPIC CAMPUS: BOOSTING SPORT PERFORMANCE THROUGH THE ART OF APPLIED SCIENCE

PROGRAMM

10 to 10.10 a.m (French time: UTC+1)	Introduction Gaël Guilhem (Director of the Sport, Expertise and Performance laboratory, INSEP)
10.10 to 10.15 a.m (French time: UTC+1)	Presentation of the conference Adèle Mornas (Laboratory Sport, Expertise and Performance, INSEP)
10.15 to 10.35 a.m (French time: UTC+1),	"Bridging the Gap Between Science and Sport – A Kiwi Approach"
10.15 to 10.35 p.m (New Zealand time: UTC+13)	Adam Storey (Lead Strength and Conditioning Specialist for Emirates Team New Zealand and Canoe Racing New Zealand)
10.35 to 10.55 a.m (French time: UTC+1),	"Sport Information to boost scientific support in sport"
6.35 to 6.55 p.m (Japan time: UTC+9)	Katsuyoshi Shirai (Manager Intelligence group, Operational Excellence Unit, Japan High Performance Sport Center)
10.55 to 11.15 a.m (French and German time: UTC+1)	"Roles & processes in the elite sport support infrastructure in Germany" Nikolai Böhlke (Coordinator Performance Services, Olympic Training Centre Berlin)
11.15 to 11.35 a.m (French and Norway time: UTC+1)	"Services to coaches and athletes"
	Else-Marthe Sørlie Lybekk (Head of performance and R&D, Olympiatoppen, the Norwegian elite sport centre)
11.35 to 11.55 a.m (French and Netherlands time: UTC+1)	"The vision, approach and working method of TeamNL in supporting high-level athletes and the associated scientific approach"
	Paul Wylleman (Performance Manager Performance behavior, TeamNL Experts, Netherlands)
11.55 to 12.05 a.m (French time: UTC+1)	Conclusion of the morning
	Gaël Guilhem (Director of the Sport, Expertise and Performance laboratory, INSEP)