



ECOSEP

EUROPEAN COLLEGE OF SPORTS & EXERCISE PHYSICIANS

FROM
LABS TO
THE PITCH



29/30

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INSEP
PARIS - FRANCE



E.C.O.S.E.P.



6TH ECOSEP INSEP CONGRESS PARIS 2019

« From labs to the pitch » is the main topic of the 6th ECOSEP (European College of Sports and Exercise Physicians) congress. The Conference takes place at the INSEP (Institut National du Sport de l'Expertise et de la Performance), a conference venue in lush greenery in the heart of "Grand Paris", where performance rhymes with excellence. The campus combines 26 Olympic disciplines and is the setting for over 600 elite athletes to work with 150 national coaches. This congress is organized in collaboration with SportS² (University and University Hospital of Liège in Belgium) which is one of the 49 FIFA Medical Centers of Excellence (FMCE) in the world and also recognized as a FIMS Collaborative Center of Sports Medicine. Moreover, both INSEP and SportS² are part of the French consortium ReFORM (« Réseau Francophone Olympique de la Recherche en Médecine du Sport » which includes also LIROMS in Luxembourg, HUG in Geneva and INS in Quebec) recognized as one of the 11 IOC Research Centers for Prevention of Injury and Protection of Athlete Health.

In addition to numerous sessions on different fields of research in sports such as lesion prevention, recovery, return to sports criteria, sports psychology, ultra sports endurance, women in sports, tendinopathies, athletes' spine, ankle, ACL or muscle injuries but also regenerative medicine, European Association for Sports Dentistry (EA4SD) collaborates to the scientific program of this 6th ECOSEP congress.

We wish you a warm welcome to Paris, the « City of Lights » and a very good ECOSEP Congress at INSEP. This is the ideal place to stimulate brains and improve the knowledge of all.

Dr. Nikos G. Malliaropoulos
Consultant Hon SEM Bart's and the London
Senior Clinical Lecturer QMUL CSEM
Secretary in General ECOSEP

Prof JF KAUX
Coordinator SportS²,
University and University Hospital of Liège

Dr Sébastien LE GARREC
Chef du pôle Médical
INSEP
RPPS 10001999035