



BACHELOR HEPTA
HAUTES ÉTUDES PLURIDISCIPLINAIRES
POUR TOP ATHLÈTES



FORMATIONS ET DIPLÔMES, SPORTIFS DE HAUT NIVEAU

The HEPTA Bachelor's degree: a stepping stone to excellence for elite athletes

In response to certain misinformation circulating about the HEPTA Bachelor's degree, INSEP wishes to reassert the foundations, rigour and ambitions of this unique programme, designed in partnership with three prestigious institutions: Sciences Po, CentraleSupélec and ESSEC.

Published on 26 June 2025

A rigorous and representative selection

The first promotion (2024–2025) comprises 34 students from 21 sporting disciplines, including two Paralympic sports. Among them are:

- 45 % are women
- Average age : 18 yo
- 17 registered on the Elite Athletes lists

Selection is carried out jointly by the four partner institutions, ensuring a rigorous and cross-referenced evaluation of applications.

A structured, multidisciplinary academic programme

The HEPTA Bachelor's degree is structured around three academic pillars:

- Humanities and social sciences (taught by Sciences Po)
- Applied sciences (by CentraleSupélec)
- Management and administration (by ESSEC)

URL of the page: <https://www.insep.fr/en/actualites/hepta-bachelors-degree-stepping-stone-excellence-elite-athletes>

46 core courses and 63 elective courses allow students to tailor their programme to suit their career plans and sporting commitments.

Tailor-made support for athletes

Designed to meet the demands of high-level performance, the programme offers:

- A flexible curriculum lasting 3 to 6 years.
- 80% of courses available online
- Total flexibility (face-to-face/distance learning, internship or dissertation)
- Individual tutoring, regular updates and accommodation solutions during group sessions

A robust and equitable financial framework

Thanks to the support of ESSEC, its foundation, and its alumni network:

- Up to 100% of tuition fees can be covered.
- Scholarships can be combined (HEPTA, CROUS, additional aid).
- Personalised support is available to help students put together their funding applications.
- A minimum of 40% of fees are covered for athletes registered on ministerial lists.

HEPTA: training for the future for tomorrow's champions

Led by INSEP and its partners, the HEPTA Bachelor's degree aims to meet long-identified needs and fulfils a strong ambition: to offer elite athletes a demanding, flexible and recognised academic framework that is in line with their life and performance goals.