



## Team INSEP

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*The athletes who train, study, receive treatment, eat and live on the campus form a real team that champions INSEP's commitments and values.*

By sharing their daily lives and sporting experiences, they forge a mindset conducive to performance and success. The team is made up of athletes who used to train and are still currently training at INSEP.

This includes 19 resident sports squads, French national teams on preparation or recuperation courses, professional sports teams, athletes with contracts to develop specific areas or techniques and foreign delegations.



Hall of fame



Resident sports



Directory o