



TRAINING & QUALIFICATIONS

As part of its efforts to support performance projects, INSEP provides various training programmes for elite athletes, such as secondary school curricula for 14- to 18-year olds, higher education on site or in partnership with universities, schools or other training organisations, as well as vocational training for professions within sport.

The institute has developed a range of initial and continuous training courses suited to meet the needs and constraints of those involved in elite sport. This includes courses that lead to qualifications, customised programmes, vocational training days, conference sessions and professional support.



Elite athletes



Professional training