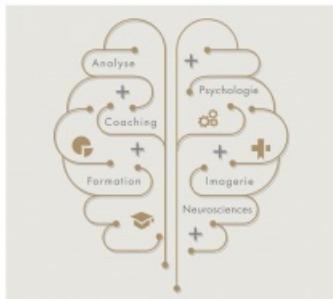




ACTES DE LA CONFÉRENCE
Dimension mentale
et accompagnement à la performance

CONFERENCE PROCEEDINGS
Mental dimension and coaching
for sport performance



PSYCHOLOGIE, ENTRAINEMENT ET SPORT, RÉSEAU INTERNATIONAL

Proceedings of the conference "Mental dimension and performance support"

1 DOCUMENT - Published on 8 June 2022

On 25 and 26 November 2021, INSEP organised an international conference on the mental dimension. Researchers, managers, coaches and athletes from all over the world discussed various topics such as the management of uncertainty, the role of the sport psychologist in the Paralympic environment, the vision of the coach and the evolution of tools to support sports performance.



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