Inaugurated in 1984 by French President François Mitterrand, this complex has been extensively renovated as part of INSEP’s modernisation programme. Since 2015, the judo training area has doubled in size (1,586 sq.m), the top floor has been made more versatile for team sports, and a hydro-recovery space has been created.

**PRESENTATION:**

**TOTAL SURFACE AREA**

4,736 m²

**DISCIPLINES ACCOMMODATED**

- Judo
- Martial arts

**FACILITIES**

- A 1,971 m² dojo with nine contest areas
- A 285.96 m² weights room reserved for judokas

A balneotherapy area with a hot bath, a cold bath and a spa
A multisports room