INSEP helps to develop and spread the culture of high performance in sport, as well as its values and its ethics among all those involved in sport, especially elite athletes.

In order to carry out its duties, the hub includes a document resource centre, the INSEP publishing house, the institute’s archives, the image library, the audiovisual production unit, the technical control team, the performance observation unit, the terminology department and the knowledge exploitation team. All these groups work together focusing on three priority areas – exploiting knowledge, open science, and spreading and recognising the value of knowledge.

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