



♥ INSEP

CONFÉRENCE

International Conference on the Physical Dimension and Coaching for Sport Performance

The French Institute of Sport, Expertise and Performance aims at federating, rallying and working in synergy with a set of networks for the benefit of the Olympic and Paralympic French Teams.

🗄 ADD TO THE CALENDAR

This objective lays on our ability to promote the expertise and good practices of high-performance training centres thanks to national and international discussions (seminars, conferences, symposiums) on diverse aspects of performance support. The physical support for athletes, trainers and staffs is today an integral part of high performance.

In this respect, we inform you that we will organize an International Conference on the "Physical Dimension and Coaching for Sport Performance" at INSEP (11, Avenue du Tremblay – 75012 PARIS - France) on December 1st and 2nd 2022.

French and international professional speakers (physical trainers, researchers, athletes, trainers, and head of performance unit) will participate to this virtual and face-to-face event.

The international conference topics are:

- 1. Evaluation and monitoring
- 2. Individualisation and optimisation of performance
- 3. Prevention of injuries
- 4. Impacts on performance

The International Conference will consist in a unique time of discussion and sharing on physical support in the service of sport performance.

URL of the page: https://www.insep.fr/en/agenda/international-conference-physical-dimension-and-coaching-sport-performance

Registration to the International Conference on the Physical Dimension: https://conference.france.sport/CIDP.html

Prices:

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General public on site: 400€ (student: 200€) General public online: 200€ (student: 100€)