



Marie-José Pérec, entourée d'André Giraud, Président de la Fédération Française d'Athlétisme et Fabien Canu, Directeur Général de l'INSEP. © Iconsport

INSTALLATIONS SPORTIVES

## INSEP inaugurates Marie-José Pérec stadium

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*The emotion was palpable on this Friday, March 22, 2024 at INSEP where INSEP General Manager Fabien Canu, along with French Athletics Federation President André Giraud inaugurated the Institute's brand new athletics stadium, named after the great champion and multiple Olympic medalist, Marie-José Pérec.*

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The INSEP athletics track has become an even more effective tool, with a new surface that is connected thanks to the installation of fiber underneath the track, and also differentiated according to its use (sprinting, middle-distance running, jumping, etc.), providing optimal training conditions.

Another technological innovation is the light wave installed around the track, which can be used to set different race speeds. State-of-the-art parameters for more precise timing (technical analysis of support quality, stride amplitude, etc.) will help quantify training loads and better prevent injuries.

This innovative approach is perfectly in line with INSEP's forward-looking mission, and sets our Institute apart internationally. And who better to give the new stadium its name than Marie-José Pérec, an immense French champion and former INSEPienne, whose sporting career is awe-inspiring.



*Marie-Jo's name was an obvious choice for us," confides Fabien Canu, INSEP's director. When the idea was put to the management committee, everyone quickly agreed.*

After delving into her memories (with a few anecdotes thrown in) at the microphone of Laurent Luyat, host of the sequence, our national "Marie-Jo", deeply touched by this tribute, had the privilege of breaking the first track record in an

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intergenerational 4x100 relay alongside champions Ladji Doucouré, Sasha Zhoya Thomas Jordier, Nantenin Keita, Pamera Losange, Stéphane Diagana and Assia El Hanouni.

With a huge photo at the end of the runway. Inspiring and motivating for the younger ones.



*I think if I'd had a photo of Colette Besson when I first arrived, I'd have got to work faster. Marie-José Pérec*

