

## Grand INSEP network

The grand INSEP (GI) is a national training center network dedicated to athletic performance covering the entire French territory. The network aims to provide high performance solutions for both athletes, coaches and support staff.

> COLLABORATIVE DYNAMIC
To strengthen cooperation amongst the highlevel partners.
> SHARE EXPERTISES

Mobilize all ressources to support sport performance.

- > NETWORKING Federate and increase network collaboration as well as stimulate the progress of the training center network.
- > CONTINUOUS IMPROVEMENT Increase stature and competency to bring added value to the network.

## **EFFICIENTY OF PERFORMANCE TOOLS**

Our aim : to facilitate exchanges within the network (workshops, seminars, meetings).

In order to respond to NSO's needs, we have developed five fields of expertise :

- > mental performance, physical training,
- > research and innovation,
- > medical & paramedical
- > socio-professional development and academic support.

## MAKE THE « FRENCH TOUCH » SPORT EXPERTISE SHINE

Our certified centre's expertises are reknown on the french territory. By positioning themselves to become the France Olympic and Paralympic Training Centres (OPTCs) with Paris 2024 perspective, they undertake to make their training centres and services available to other nations.

## A NATIONAL NETWORK OF 32 METROPOLITAN AND OVERSEAS CENTRES

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Performance services offerings

grand INSEP label





Mapping o

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