



## About INSEP

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*France's National Institute of Sport, Expertise, and Performance (INSEP) is a public institution under the administration of the Ministry for Sports. Established in 1945, it is both a benchmark elite Olympic and Paralympic training centre as well as a powerful voice in elite sport policy in France.*

Through its unique, modern infrastructure located within an exceptional 28-hectare campus in the heart of the Bois de Vincennes in Paris, INSEP supports outstanding sporting performance in all its forms for elite athletes competing in all sports. The institute offers innovative support and individually tailored training programmes, medical care, research, psychological support as well as training and professional reorientation. Every day, athletes' programmes are studied, remodelled and improved through the commitment, motivation and availability of all those working at INSEP. Each year, the institute reiterates its goal of optimising all areas to maximise the achievement of French athletes, enabling them to reach the top of the podium.



### KEY FIGURES

- > **18** RESIDENT SQUADS
- > **24** OLYMPIC AND PARALYMPIC SPORTS
- > **800** ELITE ATHLETES of which 530 taken on for the year
- > **355** INTERNS including 130 between the ages of 14 and 18
- > **150** NATIONAL COACHES from 19 French sports federations
- > **300** employees
- > **28** HECTARE CAMPUS
- > **100%** SUCCESS RATE AT THE FRENCH BAC EXAM for the class of 2018-2019
- > **38** MILLIONS EURO BUDGET