



Publishing

Set up in 1976, INSEP's publishing department was formed to develop and pass on knowledge. "INSEP Éditions" has to date published over 200 titles and its catalogue lists 40 books.

"INSEP Éditions" produces digital and paper documents containing reference material and innovative ideas, making them available to all those involved in sport in France and around the world. The published material reflects the following three objectives of the institute's project:

- Provide scientific, technical and cultural information relating to elite sport
- Help popularise content relating to elite sport
- Further exploit knowledge and experience across the Greater INSEP network